

Special Edition of the Memory Box Collection

# Don't Worry, Little Bear!

A story to explain the Coronavirus to children and  
to reassure them that everything will be okay



Written & illustrated by Stacey Kelly

I hope you like this book and the resources that I've made for you all.

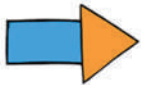
I'm a parent so I know how challenging these times are and I will do everything I can to make things easier for our babies.

Please do keep in touch and let me know how you are all getting on.

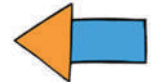
Love from Stacey

xxx

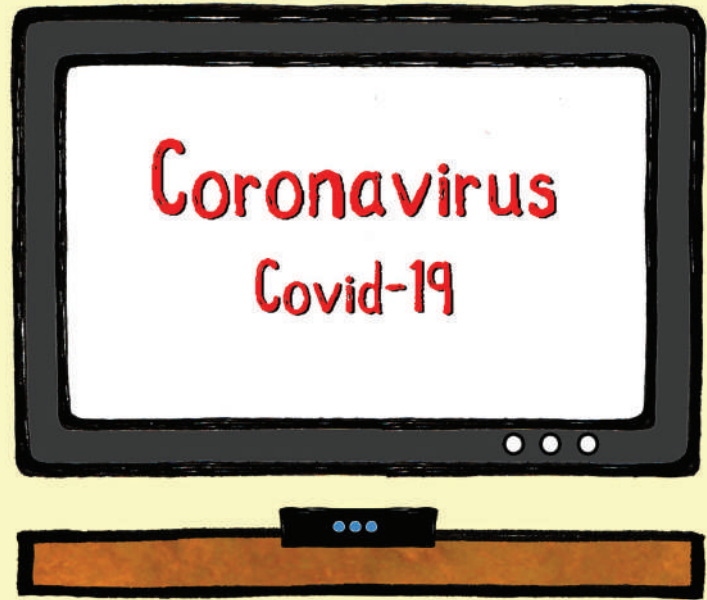
Keep in  
touch here



Keep in  
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Little Bear felt worried  
because each and every day,  
He would hear about the  
Coronavirus in some way.



Grown-ups talked about it and it was on T.V too,  
And he'd heard people saying it was a horrible kind of flu.  
Everything around him was feeling very strange,  
And it was hard to understand why so much had to change.



He couldn't go to school or  
see his family and friends,  
And nobody seemed to know  
when this was going to end.



He had to stay at home and  
wished his friends could come and play,  
But was told he couldn't see them until  
the Coronavirus had gone away.

He was also confused about why  
some children could go to school,  
And why they didn't have to  
follow all of the same rules.



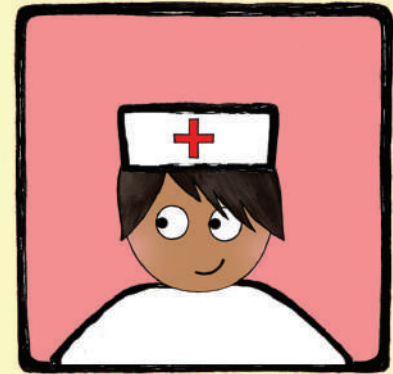
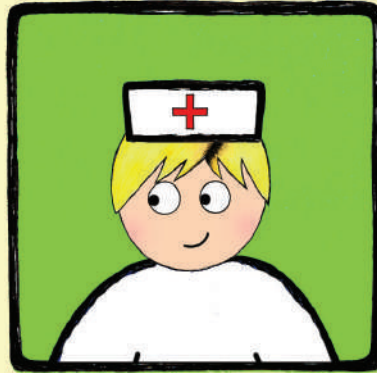
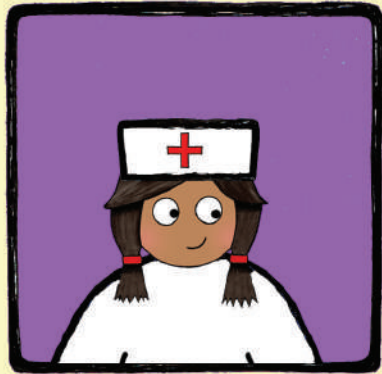
Big Bear could see that he was  
worried and feeling rather sad,  
So he explained everything to Little Bear  
in the hope that he wouldn't feel so bad.

He said that the children who still had to  
go to school couldn't stay at home,  
Because their grown-ups had to do important  
jobs and couldn't leave them all alone.

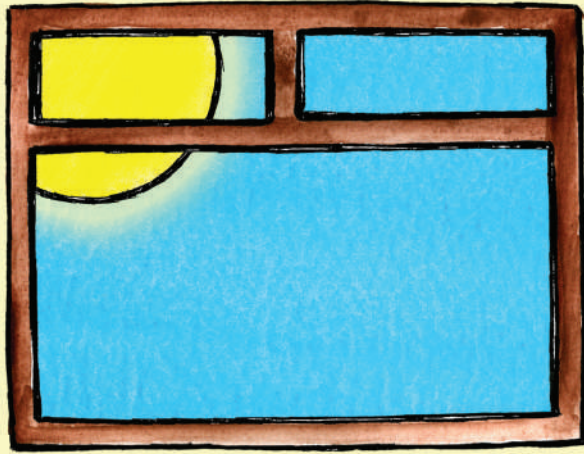


So teachers were kindly looking after  
them while their grown-ups were away,  
And made sure that they were cared  
for really well throughout the day.

He also explained  
that for most people  
the Coronavirus would  
be like a bad cold,  
But that it could be worse  
for those who weren't  
always well or very old.



And although most  
of these people  
would also be fine,  
We were protecting  
them because their  
bodies weren't as strong  
as yours or mine.



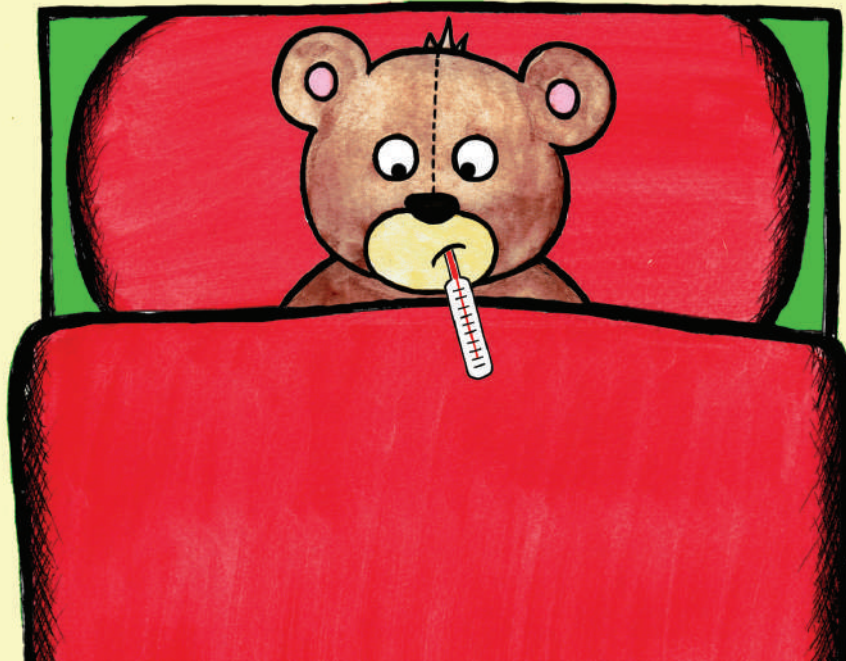
He said if most people stayed at home it  
would stop bugs from being passed on,  
And would help to keep everyone well  
until the Coronavirus had gone.

He explained that if Little Bear had a cough, a cold or if his head felt hot,  
It didn't mean that the Coronavirus was something that he'd got.

And although these were symptoms of the virus, it was normal at this time of year,  
To have a cough or runny nose and these things were nothing to fear.

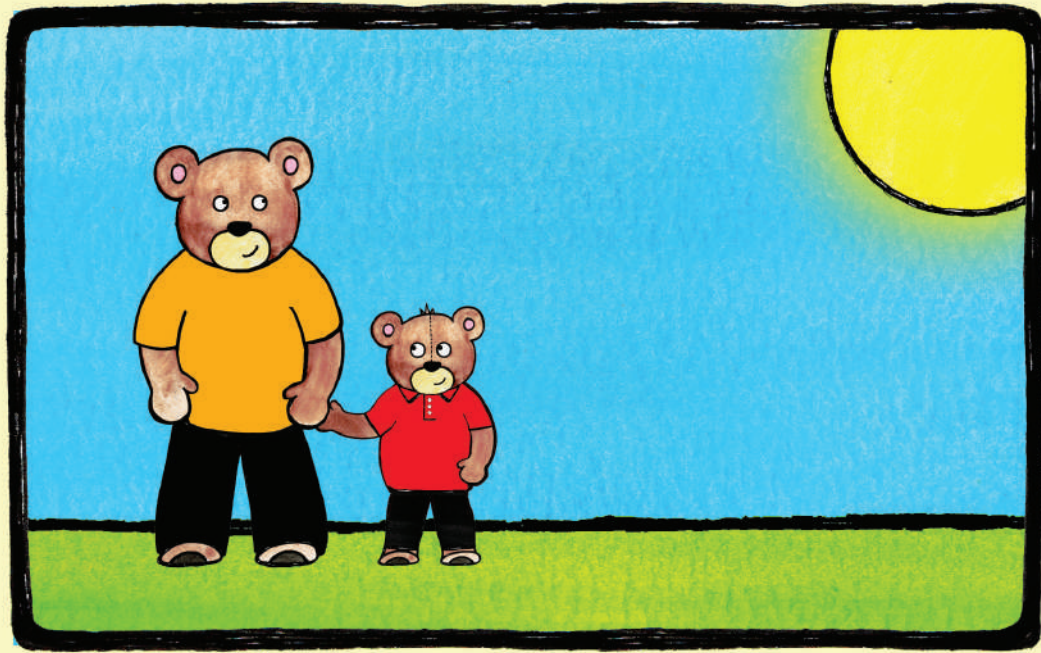


Being poorly is never nice, which is why we all need to take care,  
And do our very best to stop the virus from spreading everywhere.



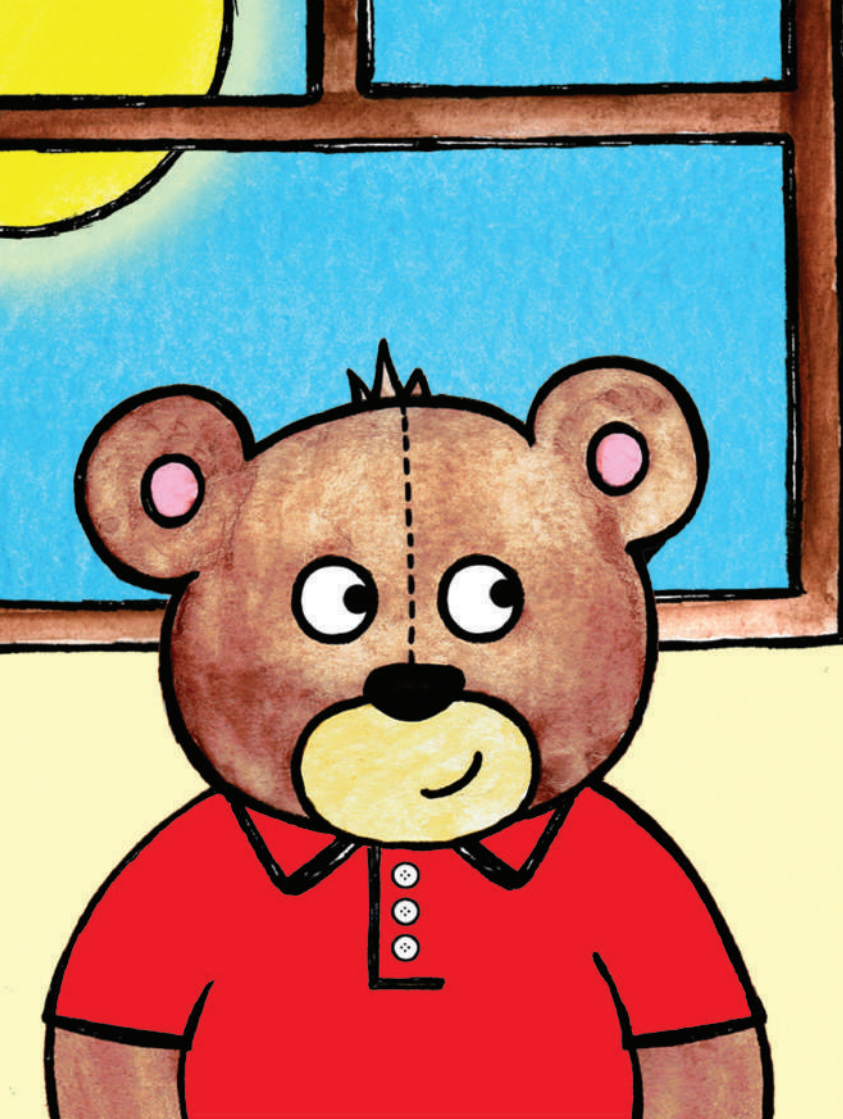


Big Bear said not to worry  
about germs because they would  
always be kept away,  
If we made sure that we  
washed our hands really  
well throughout the day.



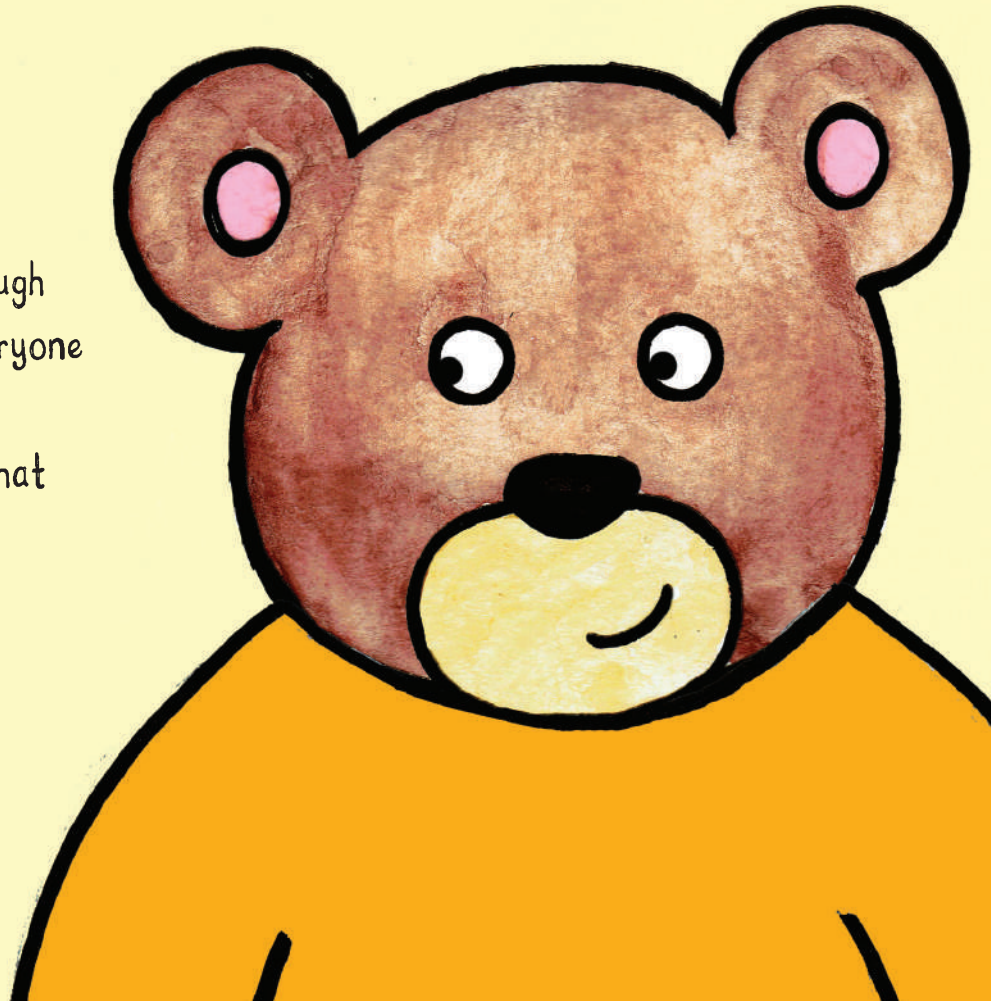
And even though they had to stay at home they could go out for some fresh air,  
As long as they didn't go near other people and made sure they took great care.

A grown-up could also go to the supermarket by themselves,  
And the people there were working hard to keep enough food on the shelves.

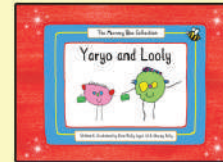
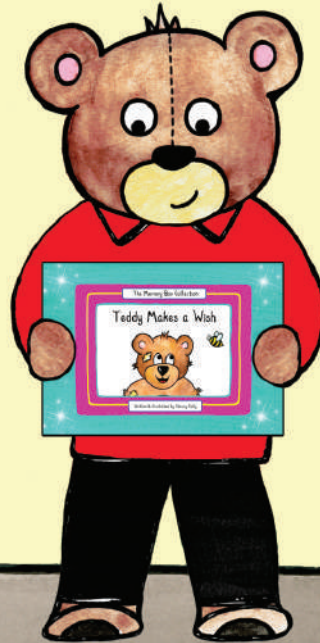
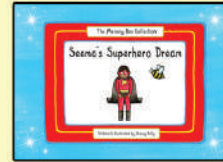
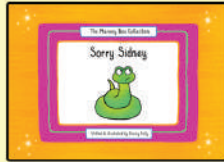


Little Bear felt much better  
knowing that everything  
would be okay,  
And was happy that  
things would go back to  
normal again one day.

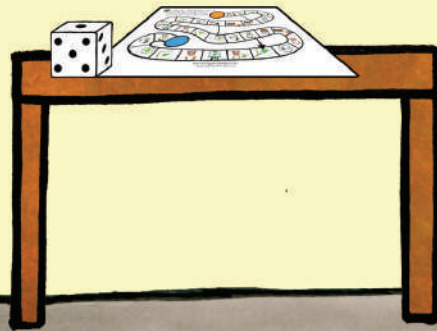
He now knew that although  
he couldn't see people, everyone  
had to stick together.  
And keep calm knowing that  
these strange times  
wouldn't last forever.



So he got out some books and games and enjoyed his time at home,



Knowing that Big Bear was with  
him so he would never be alone.



# Tell Little Bear about you...

Name:

Date:

Who I am with :

Why being at home is good:

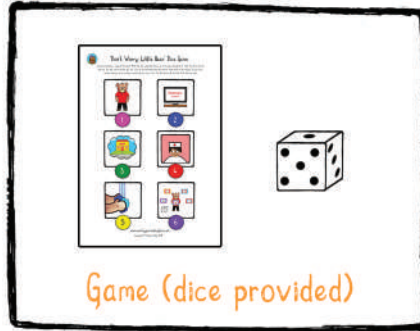
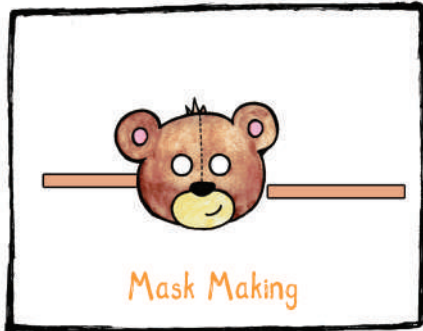
How I feel:





# Don't forget to print off your free activities too!

They are lots of fun and will really help your child to process their thoughts and feelings



↓ DOWNLOAD HERE ↓

[www.EarlyYearsStoryBox.com/Corona](http://www.EarlyYearsStoryBox.com/Corona)

In these uncertain times children need reassurance. This story explains the Coronavirus to children and reassures them that everything will be okay



Early Years Story Box

Nurturing self-awareness & imagination in little learners

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